

Nottinghamshire Area Prescribing Committee

April 2021 Bulletin





COVID - 19

We have added a dedicated section to the APC website for use during the COVID pandemic. You will find medicines FAQs which are updated regularly by the CCG medicines optimisation teams. Also a range of additional medicines related resources and links as well as information about the vaccinations.

New submissions

Ketotifen 1 mg tablets and ketotifen 1 mg/5ml syrup	AMBER 2	Symptomatic treatment of immunological conditions	See Formulary entry for usage and restrictions
Dapagliflozin	AMBER 2	Chronic heart failure with reduced ejection fraction	As per NICE TA 679
Sodium cromoglicate oral capsule (Nalcrom®)	AMBER 2	Food allergy, systemic mastocytosis and for mast cell stabilisation	3rd line treatment for gastrointestinal symptoms that have failed to respond to H2 blockers and PPIs
Solifenacin 1mg/ml oral suspension (Vesicare)	AMBER 2	Neurogenic detrusor overactivity	Where liquid is required, this is the most cost-effective and the most appropriate choice

News from the APC - updated/new documents on the APC website:

- Nottinghamshire Adult Asthma Treatment Summary (Update)
- Adult ADHD Shared Care Protocol and information sheets (New)
- **COPD Guidelines (Update)**
- Covid vaccine allergy guidance and referral form (New)
- Blood Glucose Monitor Test strips- preferred prescribing list (Update)
- Fludrocortisone information sheet (New)
- Riluzole for Adults with Motor Neurone Disease SCP + Information Sheet (New)
- Antimicrobial guideline (Updates)
 - Otitis media
 - Conjunctivitis
 - Human and animal bites
- **Exacerbation of COPD**
 - Bronchiectasis

Parkinson's Disease prescribing information sheets (Update)

Chloramphenicol eye drops

Following safety concerns raised about the boron content of chloramphenicol 0.5% drops, these are now CONTRAINDICATED in children less than 2 years. Chloramphenicol 1% eye ointment is now first line in children less than 2 years. For further information please refer to the APC conjunctivitis guideline. The Royal College of Opthalmologists have also produced a position statement on this issue.

Horizon Scanning, Formulary amendments and traffic light changes

Formulary amendments:

- Zonisamide liquid Formulary entry expanded to allow use in adults as well as children
- Adrenaline 1 in 1000 ampoules Added as AMBER 2 for topical use to reduce surface bleeding in palliative care
- Dulaglutide 3mg and 4.5mg doses added as AMBER 2
- Galantamine liquid (Galzemic 4mg/ml) Added as AMBER 2
- Silver Nitrate 75% added as AMBER 2 for Stomal granulomas and overgranulated peristomal skin
- Trimbow and Trelegy added as AMBER 3 in line with COPD guideline

Horizon scanning:

- ⇒ Salmeterol xinafoate/fluticasone propionate inhaler (Fixkoh) added as GREY
- ⇒ Formoterol fumarate dehydrate/ budesonide/glycopyrronium inhaler (Trixeo) added as GREY (no formal assessment)
- ⇒ Glycopyrronium /formoterol fumarate dihydrate inhaler (Bevespi) added as GREY (no formal assessment)
- ⇒ Inclisirin (Leqvio) for primary hypercholesterolaemia added as GREY (no formal assessment)
- ⇒ Delafloxacin (Quofenix, Menarini) added as GREY (no formal assessment)

Current work in development

- DOACs in DVT and PE Guidance (Update)
- Renal function calculations Statement (New)
- Type 2 diabetes guideline (Update)
- Neuropathic pain guideline (Update)
- Amiodarone shared care protocol (New)
- Antipsychotic medication information sheets (Update)
- Opioids for non-cancer pain (Update)
- Hypertriglyceridaemia guidelines (Update)
- Unlicensed "Specials" alternatives and options for prescribing (Update)

Upcoming NICE publications	Туре	Anticipated date
Type 1 diabetes in adults: diagnosis and management (update)	Guideline	May 2021
Weight management	Guideline	May 2021
Budesonide for treating active eosinophilic oesophagitis	TA	June 2021
Acne Vulgaris: management	Guideline	June 2021
Clostridioides difficile infection: antimicrobial prescribing	Guideline	July 2021
Chronic kidney disease: assessment and management (update)	Guideline	July 2021
Myalgic encephalomyelitis (or encephalopathy)/chronic fatigue syndrome: diagnosis and management	Guidance	August 2021
Esketamine for treatment-resistant depression	TA	TBC
AF management	Guidance	TBC

Hannah Godden, Specialist Mental Health Efficiencies Pharmacist, Nottinghamshire Healthcare Trust