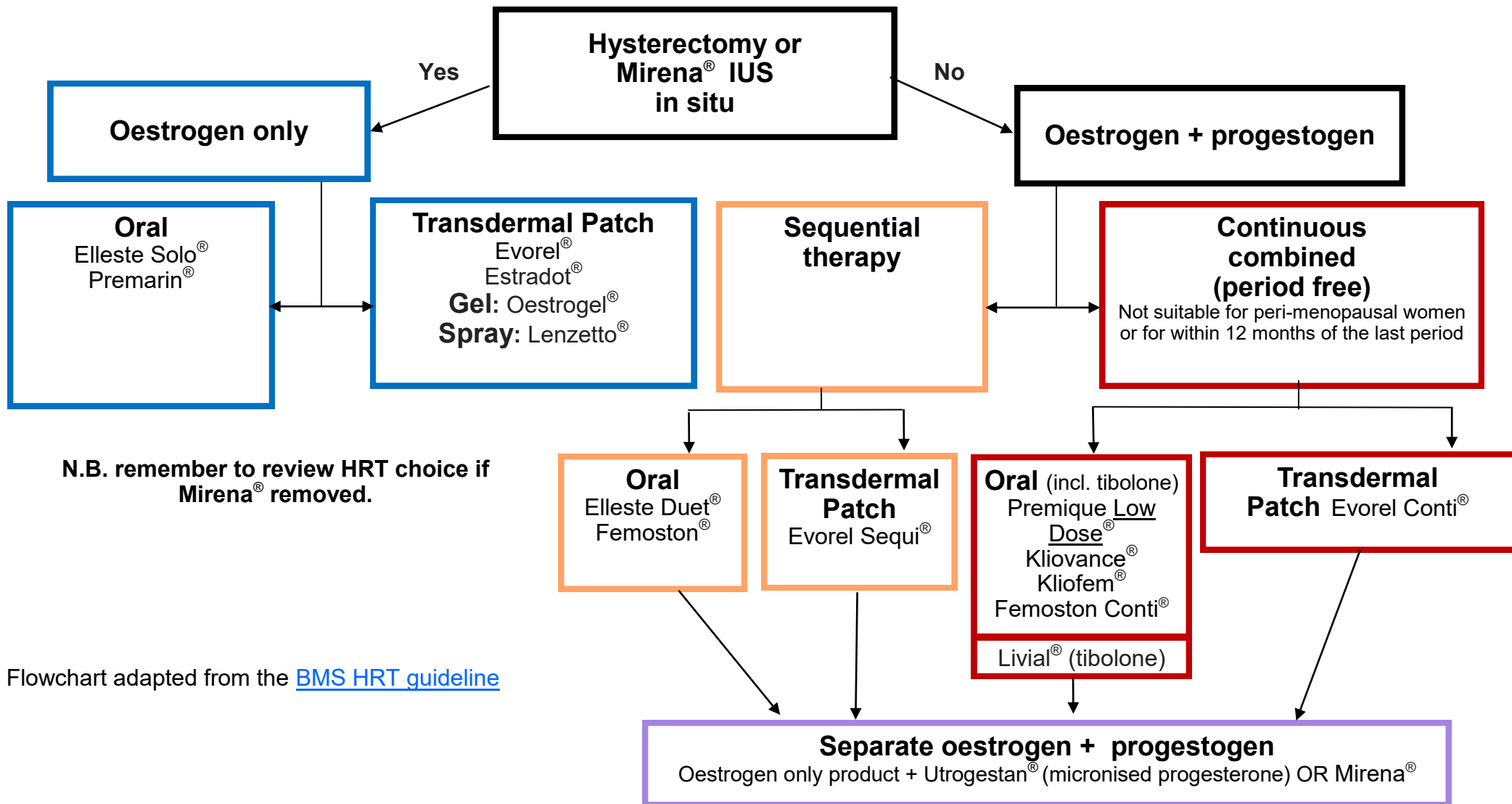


Systemic HRT Treatment - Formulary Choices

- See [Nottinghamshire Area Prescribing Committee Formulary](#) for full details of formulary choices and guidance
- See [NICE Menopause Guideline \(NG23\)](#) and [NICE CKS – Menopause](#) for more clinical detail on management of menopause
- **Prescribe by brand name**



Flowchart adapted from the [BMS HRT guideline](#)

Systemic HRT Treatment - Formulary Choices		
V2.2	Last reviewed: June 2021	Review date: June 2024

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Oestrogen only	Formulation	Brand	Oestrogen	Cost for 3 months
Suitable for continuous use in women without a uterus or women taking a separate progestogen (Utrogestan® or those with a Mirena® IUS fitted). N.B. remember to review HRT choice if Mirena® removed. All continuous * The oestrogen in Premarin is horse oestrogen (from pregnant horse urine), this may not be acceptable to all women	Tablet First choice oral estradiol only product	Elleste Solo®	Estradiol 1mg Estradiol 2mg	£5.06 £5.06
	Tablet	Premarin®*	Conjugated oestrogens 300microgram Conjugated oestrogens 625microgram Conjugated oestrogens 1.25mg	£6.07 £4.02 £3.58
	Transdermal Patch	Evorel®	Estradiol 25microgram/24hr Estradiol 50microgram/24hr Estradiol 75microgram/24hr Estradiol 100microgram/24hr	£10.26 £11.64 £12.36 £12.84
	Transdermal Patch	Estradot®	Estradiol 25microgram/24hr Estradiol 37.5microgram/24hr Estradiol 50microgram/24hr Estradiol 75microgram/24hr Estradiol 100microgram/24hr	£17.97 £18.00 £18.06 £21.00 £21.81
	Gel (cost based upon 2-4 metered doses a day)	Oestrogel®	Estradiol 0.06%	£12.60 - £25.20
	Spray (cost based upon 2-3 sprays once daily)	Lenzetto®	Estradiol 1.53mg	£20.70 - £31.05

Oestrogens with progestogens	Formulation	Brand	Oestrogen	Progestogen	Cost for 3 months
Sequential combined therapy	Tablet	Elleste Duet®	Estradiol 1mg Estradiol 2mg	Norethisterone 1mg Norethisterone 1mg	£9.20 £9.20
	Tablet	Femoston®	Estradiol 1mg Estradiol 2mg	Dydrogesterone 10mg Dydrogesterone 10mg	£16.16 £16.16
	Transdermal Patch	Evorel sequi®	Estradiol 50 microgram	Norethisterone 170microgram	£33.27
Continuous combined therapy Not suitable for perimenopausal women or within 12 months of last menstrual period. * The oestrogen in Premique is horse oestrogen (from pregnant horse urine), this may not be acceptable to all women	Tablets	Premique Low Dose®*	Conjugated oestrogens 300microgram	Medroxyprogesterone 1.5mg	£6.52
	Tablets	Kliovance®	Estradiol 1mg	Norethisterone 500 microgram	£13.20
	Tablets	Kliofem®	Estradiol 2mg	Norethisterone 1mg	£11.43
	Tablets	Femoston Conti®	Estradiol 500microgram Estradiol 1mg	Dydrogesterone 2.5mg Dydrogesterone 5mg	£24.43 £24.43
	Transdermal Patch	Evorel Conti®	Estradiol 50microgram/24hr	Norethisterone 170microgram	£37.22
Combined therapy given as separate components	Capsules + separate transdermal/ oral oestrogen product	Utrogestan®	Micronised Progesterone 100mg -See Oestrogen only section for oestrogen options		£12.83
	IUS + separate transdermal/ oral oestrogen product	Mirena®	Levonorgestrel 20microgram/24hrs -See Oestrogen only section for oestrogen options		£5.50 (£88.00 per IUS plus fitting/4years)
Tibolone	Formulation	Brand	Strength		Cost for 3 months
Continuous - Not suitable for perimenopausal women or within 12 months of last menstrual period.	Tablet	Livial® (tibolone)	2.5mg		£31.08

Version Control- Systemic HRT Treatment - Formulary Choices			
Version	Author(s)	Date	Changes
V2	K. Robinson/ L.Kennell	June 2021	Utrogestan and Mirena added to summary table and flow chart. Review of prices, Elleste Solo MX removed as now discontinued.
V2.1	K. Robinson/ L.Kennell	Feb 22	Added additional information to Premarin and Premique
V2.2	K. Robinson/ L.Kennell	July 2022	New product Lenzetto®spray added