



# Area Prescribing Committee Bulletin December 2024



1 - [Link to APC website](#)



2 - [Link to APC Joint Formulary](#)

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*The APC Team would like to thank everyone who took their time this year to read our [bulletins](#), watch our [webinars](#) and listen to our [podcasts](#). We are grateful for your time and we feel rewarded knowing that the work we do is useful to healthcare professionals in Primary and Secondary Care. Your constant feedback is something we value and would very much like to keep in the year to come.*

*This bulletin is to summarise the **November APC meeting**, and we will hopefully see as many of you as possible for another live webinar on [Wednesday 5th February 2025 \(register via link\)](#).*

*We hope you have the opportunity to disconnect and recharge over the next couple of days.  
**Have a Merry Christmas and a Happy New Year!***

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## News from the APC - updated & new documents



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### *Guidelines:*

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- [Osteoporosis guidelines](#) (update)
- [Guideline on the management of sleeping difficulties in children](#) (update)
- [Alcohol misuse guidelines](#) - interim update after discontinuation of Pabrinex IM, licensed thiamine 50mg/ml now available.
- [Guidelines for management of Chronic Kidney Disease \(CKD\) for adults](#) (New)
- [Clinical pathway for use of SGLT2 inhibitors in CKD and Type 2 Diabetes Mellitus \(T2DM\)](#) (Update)
- **Antimicrobials:**
  - [Insect bites and stings](#)
  - [Clostridioides Difficile](#)
  - [Wound infection](#)

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### *Irritable Bowel Syndrome (IBS) guideline survey*

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Dear Clinicians working within Primary Care,

We would like to gather your opinion if there is local need to develop prescribing guidelines to aid treatment choice in the management of Irritable Bowel Syndrome (IBS). We would be grateful if you could take this **very short survey** of single question **by 24th January** to help us guide the decision:

[https://forms.office.com/Pages/ResponsePage.aspx?id=sITDN7CF9Ueylge0jXdO44-L\\_ZMXTt1MsGQZL43Sr0IUNDZRU1dYNUZYWU9TRUpKOVVVU0RaSVpCRS4u](https://forms.office.com/Pages/ResponsePage.aspx?id=sITDN7CF9Ueylge0jXdO44-L_ZMXTt1MsGQZL43Sr0IUNDZRU1dYNUZYWU9TRUpKOVVVU0RaSVpCRS4u)

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### *Nottinghamshire Healthcare NHS Foundation Trust: update on Choice and medication website*

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The Choice and Medication website for patient information leaflets on psychotropic medicines must only be used by either patients, carers, or healthcare professionals working under or employed by Nottinghamshire Healthcare NHS Foundation Trust. Any illegal use outside of the subscribing organisation (Nottinghamshire Healthcare) is strictly prohibited, and usage is being monitored.

We are working on removing all links to Choice and Medication website from the APC guidelines. Please refer to other websites below to find the information you need:

- MIND: [Drugs and treatments - Mind](#)
  - Patient Info: [Patient.info: Health Information and Symptom Checker](#)
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### *Coming to the January guideline meeting:*

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- **Enoxaparin Info Sheet - update to treatment dose in pregnancy**
- **Heart failure traffic light treatment guidelines**
- **Direct Oral Anticoagulants for DVT and PE**
- **Anaemia in IBD pathway**
- **Growth Hormone SCP**
- **Amiodarone SCP**

- **Antimicrobials:** Dermatophyte Infection of the Proximal Finger or Toenail, Hidradenitis Suppurativa, Asplenic patients

## Publications





3 - [Link to APC webinars](#)

**APC Webinars:** You can find our [November 2024 APC presentation](#) on the APC website and the recording is available to view on our [Notts ICB YouTube channel](#).



4 - [Link to APC podcasts](#)

#### **Our Podcasts:**

We've recently published two more episodes. The first one is covering [Benzodiazepines and Z-hypnotics initiation](#) and deprescribing. [In part one](#), our colleague Nirlas Bathia, Dr Helen Sperry and Dr John Barker have a conversation about initiating benzodiazepines and z-hypnotics. And [in part two they discuss the complex process of deprescribing these medicines](#).

In our second episode, our colleague Emma Moncrieff, Dr Asifa Akhtar and Dr David Wicks discuss [Covert administration](#), what steps are required before deciding it is appropriate to administer medicines in this way and how you document and review this.

Let us know what you think!



The work of the Nottinghamshire Area Prescribing Committee is supported and managed by the interface team.

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