



Nottingham and Nottinghamshire's greener inhaler scheme



Don't throw used inhalers into your household waste or recycling bins!

Concerned about your inhaler's environmental impact?

Discuss options at your next asthma check-up.

A very high proportion of inhalers get put in our household waste bins, which end up going to landfill.

This is harmful to the environment both in terms of material waste, and due to left over gases being released into the atmosphere, which contribute to climate change.



While most councils can recycle plastics, some inhalers contain plastics which are not normally recyclable. These plastics can be disposed of by your local pharmacy, so they don't go to landfill.

61.1 million inhalers are prescribed each year in the UK, with a total carbon footprint of 1.3 billion kg CO₂e

(NHSBSA 2021)

All old and used inhalers should be returned to your nearest pharmacy for them to dispose of safely.



Top tips

Only order your inhaler when required



Continue to attend your GP practice for your annual review

Ensure your management plan is up to date



Don't stop using your inhaler!



For expert advice on using your inhaler correctly scan the QR code. Get your technique right to manage your symptoms better and use less reliever inhalers. (Always continue to use your inhalers as prescribed)

